



PLAY WARRIORS^{INC.}

PEDIATRIC THERAPY SERVICES



Tutoring with
Kellie
OPENINGS!

October 2026

Neurodivergent
Playgroup
NEW TIME!
5:30- 6:30pm



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
11	12 Indigenous Peoples' Day Columbus Day WE ARE OPEN!!	13	14 Neurodivergent Playgroup 5:30- 6:30pm	15	16	17 Family Outing Pineland Farms 10-12:00pm
18	19 No Child Life Team - Out for Professional Education	20	21	22	23 Halloween Playgroup 5:30 - 7 pm	24
25	26	27	28 Neurodivergent Playgroup 5:30- 6:30pm	29	30	31 Happy Halloween



Hi Play Warrior Families!

IMPORTANT UPDATES ON

DATES AND TIMES!

NEURODIVERGENT AND ALL WEEKLY
PLAYGROUPS NEW TIME 5:30-6:30

OPEN ON COLUMBUS DAY

CLOSED OCTOBER 19TH

Play Warrior of the Month

Ben

His super power is ADHD.

Look for his interview in the
Windham Eagle!



6th Annual Dr. Peter Leighton Remembrance-Recovery Rally in Bridgton



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“There’s not a day that goes by that I don’t think of his influence in my practice and in my life now, and I know that that’s similar for some of you that have been touched by Peter. So, let’s continue to do this work together because recovery is possible. Every life has value, and no one should have to walk this alone.”

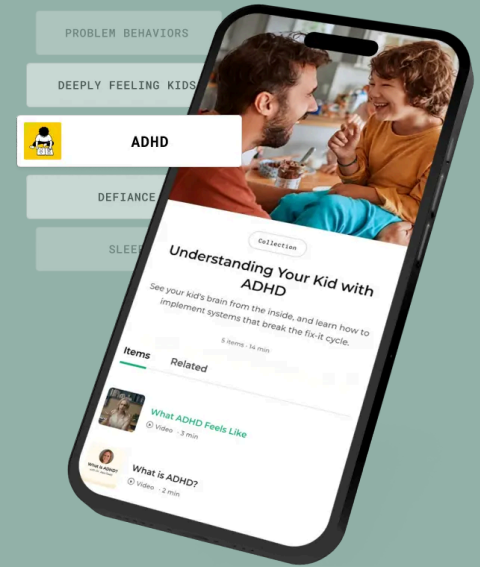
— Kim Leighton

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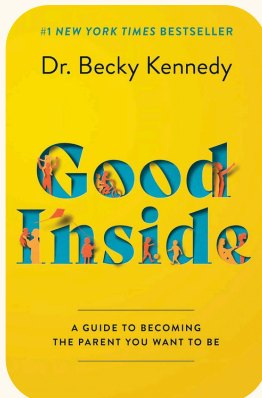
[Read the Full Article Here](#)

October is ADHD Awareness Month

Everything at Good Inside is rooted in behavioral psychology and years of research. Dr Becky Kennedy, a clinical psychologist, and her team then turn those insights into practical, science-backed tools for the messy, unpredictable moments of parenting.



Check Out Good Inside



Parent Resource book recommendation of the month

Good Inside:

A Guide to Becoming the Parent You Want to Be
by Dr. Becky Kennedy

Check Out the Book Recommendation of the Month

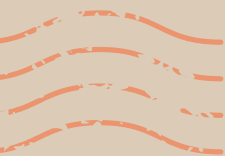


FAMILY MEET UP @ PINELAND FARMS

**OCTOBER 17TH
10:00 - 12:00
PINELAND FARMS**

Corn maze, farm yard fun, and a trip
to the pick-your-own pumpkin patch!

To register call 893-8075
or email Hannah at admin@playwarriorsinc.com



You're Invited
to a
Halloween Playgroup

10/23 5:30-7:00pm

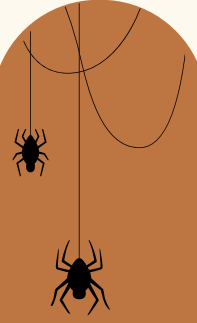
Come and join us for a Halloween playgroup! All play warriors past and present are welcome to attend as well as siblings.

\$25 per child or \$50 for two or more children

To register call 893-8075
or email Hannah at admin@playwarriorsinc.com



A SPOOKY SPIN ON FAMILY FUN.



Spider Web Challenge

All you need is some tape and streamers to set the scene for this creepy-crawly game. Stretch the streamers across a hallway, crisscrossing them at different heights to create your own tangled spider web. Then, send the kids crawling, ducking, and tiptoeing their way through without touching the “silken threads.”

Make it as easy or tricky as you like—add more streamers for a stickier web or space them out for little ones. To raise the stakes, time each contestant or make them start over if they bump into the web.



Junk in the Trunk

Grab some ping pong balls, an empty tissue box, and a belt or string. Cut slits in the tissue box and thread the belt or string through, then fasten it around the player’s waist with the box at their back. Fill the box with as many ping pong balls as it will hold.

When the one-minute timer starts, players must shake, jump, and wiggle to get as many ping pong balls out of the box as possible. It’s hilarious to watch—and even funnier to play!

Pumpkin Toss

Line up 3–5 pumpkin buckets in a row, then mark a spot for players to stand behind. Give each player 60 seconds to try to toss a ping pong ball into every bucket. For an extra spooky twist, use eyeball ping pong balls!

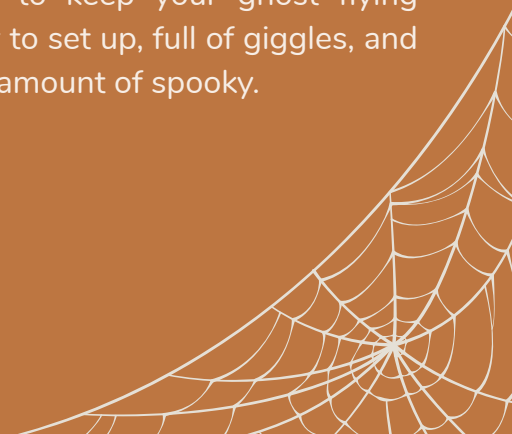
When you are finished using the pumpkin buckets for games, you can use them to trick-or-treat, or hang them in a tree with battery powered tea lights.



Ghost Keepy Uppy

This game is all about keeping the ghost afloat! All you need are white balloons and a permanent marker. Draw a ghostly face on each balloon, or let the kids design their own spooky spirits.

Then, let the haunting begin! The goal is simple: keep the balloon from touching the ground. Play all together and see who can last the longest, or take turns with a one-minute timer to keep your ghost flying high. It's easy to set up, full of giggles, and just the right amount of spooky.



Potion Magic

Ingredients:

Baking soda
Vinegar

For a touch of extra wonder, add:
food coloring
glitter
playful bowls (or cauldrons)
and droppers for pouring.



Start by placing the food coloring at the bottom of the bowl, then cover it with enough baking soda to hide the colorful surprise. If you're using glitter, sprinkle it on top of the baking soda like fairy dust. Now invite the kids to add vinegar, and watch their faces light up as their potion begins to bubble, fizz, and overflow with magic.

Encourage them to mix colors, experiment with new combinations, and let their imaginations run wild as they create potions all their own.

